

September 14, 2022

FWC Steering Committee Meeting Minutes

Chair, Laura Winther

Vice-Chair, Marie Estrada

Secretary, Amanda Hanson

Treasurer, Timothy Ledna

Chair called meeting to order at 11:30 AM

In attendance: Amanda Hanson (Media), Kathy Foley (Fairbanks Suicide Prevention Working Group), Chuck Mays (Chaplin), Rachel Lebby (Prevention), Kara Carlson (Fiscal Agent), Sarah Koogle (CAP), Laura Winther (Courts), Brenda McFarlane (Crisis Now), Timothy Ledna (Reentry), Brenda Henze-Nelson (FOW), Jasmine Richardson (FWC)

Absent:

Guest: Christina Bell (FNA)

Leah Van-Kirk (Division of Behavioral Health)

Motion to approve agenda was made by Kathy F. and seconded by Sarah K.

Motion to approve minutes was made by Kathy F. and seconded by Timothy L.

Sarah K. provided an update on her role as CAP sector rep., Behavioral Health no longer facilitates CAP nor at this time, frequently attends CAP meetings. Sarah suggested reaching out to the new facilitator or chair to continue to get accurate CAP updates.

11:36am

Introduction to Christina Bell followed by Naloxone Training. Christina presented to the Coalition the history and facts regarding opioids which included year to year percentage comparisons up to the uprise of the opioid epidemic. Presented were the percentages of opioid related overdoses and deaths, which introduced the Naloxone training. Naloxone is a nasal spray that rapidly reverses an opioid overdose by attaching to the receptors while reversing and blocking the effects caused by opioids. The Coalition members in attendance were trained on the signs and symptoms of an overdose and how to properly administer Naloxone to a person showing signs of overdose.

12:28pm

Introduction: Leah Van-Kirk was welcomed by Coalition, and Coalition members all introduced themselves to her.

12:32pm

New business:

Rachel L. updated on the current empty LGBTQ sector; Kara, Rachel, Laura, and Jasmine met with Joel who is a potential candidate for the LGBTQ sector. We hope to have his bio and hope to have him as a guest for our next Steering Committee meeting.

Rachel L. updated on the roster changes; Laura has been updated on the roster to chair, Marie Vice-chair, Jasmine is now hired on as the permanent specialist non-voting, and Rachel has accepted the Director position, as non-voting member.

Rachel L. updated on the Be[You] and Sources of Strengths RFPs; We have finished typing up both Requests For Proposal for both our programs Be[You] and Sources of Strengths. We received approval from our fiscal agent regarding the Be[You] proposal and anticipate sending the RFP out for Coalition vote. We are currently working on the Sources of Strength RFP.

Leadership update:

Rachel L. updated on the Operating Principles and Operating Principles Workgroup, to which will be in a shared Google Doc. available to all members for access and edits as they see fit.

FWC and Event update:

Jasmine R. updated, The Fairbanks Wellness Coalition attended the annual Overdose Awareness Walk hosted by FNA (8/31/2022), we held a Community Prevention Fair for World Suicide Prevention Day (9/10/2022) and we will be attending the Community Cafe' hosted by the Office of Substance Misuse and Addiction (09/20/2022). The Suicide Prevention Task Force is also planning an event for Survivors of Suicide Loss Day (11/19/2022) which will be costed by the American Foundation for Suicide Prevention, Alaska Chapter.

Workgroup and Coalitions:

Resilience Conference Workgroup: Rachel L. updated that the Resiliency Conference Workgroup is working with One Health who is also having their annual conference at the same time as the Resilience Conference. The Workgroup plans to share the same theme as the One Health conference, having the Resilience Conference be half days in the evening during the days One Health will be holding their morning conferences.

Sector update:

For time, all sector updates were sent via email.

Motion to adjourn was made by Timothy L.

Motion was seconded by Amanda H.

Meeting was adjourned by Chair at 12:58pm