



SOURCES OF STRENGTH PROGRAMMING GRANT REQUEST FOR PROPOSAL (RFP)

The Fairbanks Wellness Coalition's (FWC) purpose is to foster wellness through suicide prevention and advocacy. As part of our work, we hope to prevent the use of teen drinking, dispel the stigma of accessing behavioral health assistance, and promote resilience and wellbeing among teens and young adults in the Fairbanks North Star Borough. As part of our prevention efforts, the FWC is supporting the implementation, action, and continuation of Sources of Strength in the Fairbanks North Star Borough. The Sources of Strength Program is an evidence-based program to build protective factors for middle and high school youth against suicide and major risk factors for suicide. This program was specifically identified as a strategy for the Fairbanks Wellness Coalition to reduce suicide in the Fairbanks North Star Borough in teenaged youth.

In order to focus on the Fairbanks Wellness Coalition strategy of Early Intervention and Screening, the FWC strives to educate youth on protective factors against considering or planning suicide in order to save lives. This strategy relies on the coalition increasing methods for community members to raise awareness and teach skills. The FWC is offering grants of \$500-\$2000 to provide programming support for existing Sources of Strength clubs in the Fairbanks North Star Borough. This funding may be used to support clubs with the costs of program supplies, swag for Sources of Strength events, general programming expenses, and other related costs. In addition to the requested amount, each grant will additionally include a \$500 stipend to the primary program facilitator in appreciation for the work they are doing to support Sources of Strength our community.

There is an optional cash match of 10% of the total amount awarded. No state or federal funds may be used for the cash match. This award is contingent on continued funding being awarded by the State of Alaska Department of Health and Social Services.

Proposals will be reviewed on a rolling basis by the FWC. Submit the required proposal documents by email to info@fairbankswellness.org

- A. Eligibility - Eligible applicants include 501(c)3 nonprofit or equivalent organizations located in the Fairbanks North Star Borough. Equivalent organizations may include tribes, schools, churches, local government agencies, and programs. Ineligible applicants include individuals; for profit, 501(c)4 or (c)6 organizations; organizations not based in the Fairbanks North Star Borough; state and federal government agencies.
- B. Required Proposal Documents
 - a. Agency Questionnaire
 - b. Project Budget
 - c. Action plan
 - d. Job description or resume of the program manager and agency director
 - e. If a 501(c)3 agency, attach a signed W-9
 - f. Signed W-2 of primary Sources of Strength advisor
- C. Required Scope of Work (all costs must be included in the budget)
 - a. Implement Sources of Strength activities in the Fairbanks North Star Borough.
 - b. The lead advisor will receive a stipend of \$500 in recognition of the additional time and effort the staff will spend facilitating the Sources of Strength Program. Payment will be issued to advisors at the time of grant funding.
 - c. Ensure all non-district personnel have complied with the school district's background check program, per their requirements, and are approved for volunteer activity prior to involvement in any relevant project activities.
 - d. Distribute any pre/post surveys related to the implementation of Sources of Strength to the FNSBSD for dissemination.
 - e. Plan and carry out a FWC approved social media advertising campaign utilizing age-appropriate social media to spread the Sources of Strength messages among the focus population; to be completed by April 30, 2023.
 - f. Purchase and distribute Sources of Strength promotional materials as needed for Sources of Strength events.
- D. References/Contacts - Please refer any questions to the FWC Wellness Specialist, Jasmine Richardson, (907) 888-3430, info@fairbankswellness.org



Sources of Strength Programming Grant Application

Agency Questionnaire

Email this questionnaire and required proposal documents to Jasmine at info@fairbankswellness.org no later than Friday, October 28, 2022.

Provide the following agency information:

Name:

Mailing Address:

Website:

Point of Contact:

POC Job Title:

POC Email:

POC Phone Number:

Is your agency a 501(c)3? If so, what is the EIN?

If your agency is not a 501(C)3, please explain why it is still relevant:

Years agency has been operating:

Agency Narrative

Describe your agency's mission and how this work fits with the mission. Limit your answer to 400 words.

Explain how your staff is qualified to complete the goals of the Sources of Strength grant. Limit your answer to 400 words.

Project Budget

Budget Categories	
Salaries/Wages:	
Other Personnel Services:	
Staff Travel:	
Facility (telephone, heating, electric, water/sewer, trash removal, etc):	
Supplies (excluding promotional materials):	
Promotional Materials:	
Total Costs:	

Budget Narrative: Provide a description of the budget to include a short explanation of each line item above. Also, include a description of if the 10% cash match will be met. No state or federal funds can be used for the cash match.

Action Plan

Task	Who is responsible?	End Date

Action Plan Narrative: Describe your action plan to implement and manage the scope of work required. For each task, briefly describe the desired goal and how it will contribute to meeting grant objectives. Limit your response to 750 words.

**Sources of Strength
FY23 Quarterly Sample Program Report**

Please note: Sources of Strength Reports will vary to be tailored to each contract.

Name of Sources of Strength lead advisor:

Name of additional adult mentors:

Number of current team members and their first names:

Was the Sources of Strength Program already in place by the group that received funding?

Describe the project(s) that this funding was designated to support:

Was any funding spent on program supplies? How does that relate to the budget submitted with the signed contract (or with the revised budget if one was approved)?

Was any funding spent on salaries/wages? How does that relate to the budget submitted with the signed contract (or with a revised budget if one was approved)?

Was any funding spent on other personnel services? How does that relate to the budget submitted with the signed contract (or with the revised budget if one was approved)?

Was any funding spent on staff travel? How does that relate to the budget submitted with the signed contract (or with the revised budget if one was approved)?

Was any funding spent on facilities? How does that relate to the budget submitted with the signed contract (or with the revised budget if one was approved)?

Was any funding spent on promotional materials? How does that relate to the budget submitted with the signed contract (or with the revised budget if one was approved)?

Approximately how many youth supported the planning of a grant-funded Sources of Strength activity this quarter?

Approximately how many youth benefited from the grant-funded Sources of Strength activity this quarter?

Has the project planning gone according to your action plan? If not, explain any alterations:

Provide quarterly program and financial reports by the 15th day following the end of the quarter to the FWC staff (info@fairbankswellness.org) using the forms provided.

-Are there additional details you would like to share about your efforts?

-How can FWC better support your efforts?

FWC Staff Comments Only:

FWC Grant Review Committee Comments Only: